KETO FRIENDLY

KETO Like a Boss!

Add a cup of fresh berries to any of these Keto-friendly choices 3

Joe's Keto Scramble 13.25
GF Rosemary ground chuck, cheddar, sautéed mushrooms, spinach & onions. Served with choice of sliced tomatoes or green salad.

Keto NY Steak* & Eggs 16.75
GF Certified Angus® NY steak flame-broiled to your taste & 3 eggs any style. Served with choice of sliced tomatoes or green salad.

Keto Burgers
GF *Price varies; see Burger section*
Make any burger Keto, sub bun for lettuce. Served with a side of green salad & choice of blue cheese or ranch dressing.

Keto Street Tacos
GF Mahi-mahi 15.25
or Chicken 13.5
Grilled mahi or chicken, guacamole, chipotle aioli & shredded cabbage served on lettuce with sour cream, Pico de Gallo, a lime wedge & a side of green salad.

Chia Coconut Pudding 9.25
GF Refreshing, vegan, gluten-free, keto-friendly creamy deliciousness! Made with coconut & almond milk, strawberries & blueberries.

Add walnuts, almonds & peanut butter 2.5
Sweet tooth? Add honey & bananas 2

Crumbs & All
Keto Omelet 13.75
Applewood smoked bacon, rosemary ground chuck, Italian sausage, linguiça, cheddar, avocado, sautéed mushrooms, spinach, peppers, tomatoes & onions. Served with choice of sliced tomatoes or green salad.

Keto B.L.T. 12.5
GF Thick-cut Applewood smoked bacon & tomato, served on lettuce with a side of green salad.

Add fresh-roasted sliced turkey 2.5
Add avocado 2.5

Santa Fe Keto Omelet 13
GF Chorizo, Monterey Jack, black olives, Ortega chiles, tomatoes & onions topped with fresh salsa & sour cream. Served with choice of sliced tomatoes or green salad.

California Chicken
Keto Sandwich 14.75
Flame-broiled chicken breast, Monterey Jack, avocado, pesto & arugula, served on lettuce with choice of sliced tomatoes or green salad.

Keto Shakshouka 13.75
GF Two scrambled or fried eggs
V on a spicy sauce of stewed tomatoes, onions, red peppers & garlic. Topped with crumbled feta & cilantro. Served with a side of green salad.

Add an egg or avocado 2.5
***Carnivore-ize it!** 3*
Add chorizo & linguica